



ROADRUNNER

Founded 1968

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A Chapter of the National Audubon Society

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NO. 6

General Meeting February 1 7:30 pm Western Foundation

Paul Abravaya to Present Birds & Other Wildlife from Costa Rica

Join us as zoologist and photographer, Paul Abravaya, presents beautiful pictures of birds and other wildlife, from his latest trip to Costa Rica.



Scaly Breasted Hummer

Paul's interest in photography started with an interest in tropical nature. He took his first trip to the tropics in 1966, traveling as far as El Salvador by train and bus. In 1968, while working on his B.S. in zoology, he took part in a biological expedition to Panama.

Then from 1969 to 1974, while a member of the Peace Corps, he worked as a resident zoologist at the *Museu Mello Leitao*, working for Augusto Ruschi, Brazil's leading naturalist, conservationist and authority on hummingbirds, bromeliads and

small mammals. It was then that he discovered a new genus of mammal, *Abrawayomys ruschii*.

He continued to pursue several research projects including population ecology of small mammals, earned a master's degree in zoology and published his research in scientific journals. Since then, he's had a career as a biology teacher, and owned and run *Tropical Eco-Tours*, a tour business that introduced teachers and others to the fascinating tropical diversity of Costa Rica, Panama and Brazil.

Conservation Column By Dee Lyon

GET OUTSIDE! There are many reasons for trying to get children outside; from relaxation to exercise, from increased attention spans in AD/HD children to improved grades in all classes for all children. Who can argue with that? My generation rarely wanted to come inside; we'd be off on our bikes or play kick the can in the alley. Today's children have little unstructured time and have become ensnared by the Lighted Boxes -TV, video games and computers. They can't feel the wind or hear the bird songs.

Introduce a child, yours or a grandchild or a neighbor's child, to nature...what bugs do, why bats are important, and bees and birds. This is what Thelma Williams and all her volunteers
(continued on Page 2)

CALENDAR

February

- 1 5:15 pm Pre meeting Dinner: Ottavio's
- 1 7:30 pm General Meeting Western Foundation
- 7 8:00 am Field Trip Malibu Creek State Park
- 11 9:00 am Field Trip Beginner's Birdwalk
- 14 8:00 am Field Trip Malibu Lagoon State Beach
- 27 8:00 am Field Trip Carpinteria Bluffs

***** Pre meeting Dinner ***
Ottavio's in Camarillo at 5:15 pm**

Call Nobuko McClure
For Reservations
24 hours in advance of monthly
general meeting (805) 482-0411.

CVAS Events

Everyone is welcome to attend any CVAS meeting or field trip. CVAS assumes no responsibility for injuries, personal or otherwise, incurred while attending a society-sponsored activity and will not be held liable for such accidents. One attends at one's own risk.

Board Meeting Notice

The February Board meeting will be held on Monday, February 15. All CVAS members are invited to attend monthly CVAS Board Meetings. Meetings start at 7:00 pm and are held in the home of a board member with meeting location varying monthly. Please contact CVAS Secretary, **Linda Reynolds** at **805-386-4062** or secretary@ConejoValleyAudubon.org for meeting location and directions.

Field Trips

The times specified are departure times – **be sure to arrive 15 min earlier**. Try to carpool whenever possible and don't forget to offer the driver gas money!
RAIN CANCELS!

Sunday, February 7 Malibu Creek State Park

Meet at the main parking lot at MCSP at 8 am. Entrance to parking lot is just south of Mulholland Hwy on Las Virgenes Road (1925 Las Virgenes Rd). Leader is **Aurelio Abaisa (818) 489-2836**. There is a per vehicle entry fee of \$12. A variety of birds are possible (chaparral species, raptors, woodpeckers, wrens, goldfinches and bluebirds likely).

Thursday, February 11 Beginner's Bird Walk: Westlake Boat Trip

Call **Angie Kobabe (818) 991-4055** between 9 am and 9 pm to **reserve your seat** and let her know you are coming. Reservations are required. Rain will cancel.

Sunday, February 14 Malibu Lagoon State Beach

Meet at parking lot for Malibu Lagoon at 8 am, south side of Pacific Coast Hwy (23,200 PCH) opposite Cross Creek Road. The parking lot entrance is one mile east of where Malibu Canyon meets PCH. There is a fee for parking in the State Beach parking lot. Other parking is available on the north side of PCH. Expect to see lots of shore birds and various gulls. Leader is **Ron Barns (805) 341-3983**.

Saturday, February 27 Carpenteria Bluffs

Meet at the Las Posas Park & Ride at 8 am. Leader is **Linda Easter (805) 482-7537**. Expect chaparral and shore birds with a view of the harbor seal nursery on the beach below.

Conservation Column by Dee Lyon (Continued from Page 1)

at Sequoia Middle School and with the Sierra Vista Tree program are doing. The more time we spend in nature, the more we absorb the rhythm of her seasons and accept the amazing variety of her richness and diversity, and the more at peace we feel. We can focus better at work, and sleep better at night.

We are the new Civilian Conservation Corp! It is up to us to get this country behind taking care of the birds; the trees; and all of the habitat around us. (They planted 2 billion trees; can we do any less?)

Check out the amazing variety of habitats in Ventura County; we have wetlands and oak savannah, chaparral, riparian areas, ocean and estuaries. Touch the bark on different trees; some of those oaks are older than California. Enjoy splashing in a puddle or tossing a flat rock skipping in a pond. The ripples you create extend out from you to all those you touch in life.



Western Meadowlark / Don Klabunde

Message from the Editor

The editor would appreciate any articles of interest, photographs, or field trip reports from members. Please give them to me by the 5th of the month. I prefer them in electronic form with articles in plain text or rich text format (RTF) and pictures in JPEG format.

You are cordially invited to join
Conejo Valley Audubon Society

on

March 20, 2010

at

Sterling Hills Golf Club
901 Sterling Hills Drive
Camarillo, CA 93010

Exit the Ventura Freeway (101) at Central Avenue in Camarillo.
Go north on Central (0.8 mi) to Beardsley Road and turn RIGHT.
Continue on Beardsley (0.75 mi) until you reach Sterling Hills Drive and turn RIGHT.
On the left you will see the golf course parking lot.

For

Cocktails, Dinner and Auction

No-host cocktails 5:30 PM - Dinner 6:30 PM

Ticket price per person \$40.00 (early-bird special \$35.00 - before 3/7/09)

5-FREE raffle tickets for each 1st time guest

We ask that everyone kindly bring an item for the raffles.

All types of donation items are acceptable and are not limited to those with an avian theme.

Anyone interested in donating items for the silent or live auctions please contact Rich Congersky at:
(cell) 805-558-2297 or rcongersky@ConejoValleyAudubon.org

All are tax deductible!

Dinner selections: All plated and served with Camarillo Baby Greens Salad, Rolls and butter, and Dessert.

- (1) Sautéed Breast of Chicken served with Lemon Herb Sauce and Rice
- (2) Poached Salmon with Mashed Potatoes & Vegetables
- (3) Filet Mignon with Cabernet Sauce, Roasted Potatoes and Vegetables
- (4) Veggie Stack – Garlic mashed potatoes topped with Delicious Fresh Grilled Vegetables

Please fill out this reservation form, tear it off, and mail it with your check (payable to CVAS) to:

Rich Congersky, 5807 Topanga Canyon Blvd. # I-306, Woodland Hills, CA 91367

Print your name(s) as you would like it to appear on your place card and select an entrée by number

Name _____	Dinner # _____	Phone # _____
Name _____	Dinner # _____	
Name _____	Dinner # _____	
Name _____	Dinner # _____	
Name _____	Dinner # _____	

Thanks for your support!!!

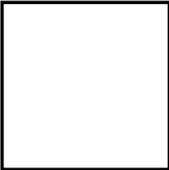
ROADRUNNER

Conejo Valley Audubon Society, Inc.

P.O. Box 4782

Thousand Oaks, CA 91359

February, 2010



Officers and Committee Chairs			Username
President	Carol Langford	805-987-2721	president
Vice Pres	Rich Congersky	805-558-2297	rcongersky
Secretary	Linda Reynolds	805-386-4062	secretary
Treasurer	Dixie Anderson	805-484-3985	
Programs	Chrystal Klabunde	805-522-8023	chrystal
Conservation	Dee Lyon	805-499-2165	chickadee
Education	Thelma Williams	805-492-2796	thelma
Field trips	David Pearson	805-496-9587	fieldtrips
Publicity	Ron Barns	818-991-9967	rtbarns@netscape.net
Newsletter	Charlie Lucas	805-498-6447	newsletter
Hospitality	Patricia Turner	805-987-9147	hospitality
Membership	Bob Parker	805-446-2701	membership
Historian	Bets Buchanan	805-482-0063	
Special Events			
Photographer	Don Klabunde	805-522-8023	photographer
Special Projects	Nobuko McClure	805-482-0411	nobuko
Webmaster	Frank DeMartino		webmaster
CVAS Web Site	http://www.ConejoValleyAudubon.org		
Send E-mail to	username@ConejoValleyAudubon.org		



Rock Wren / Don Klabunde

Don reports seeing about 46 species including Wilson's Warbler, Rock Wren (above), Glue-gray Gnatcatcher and many raptors at Camarillo Regional Park on the recent Christmas Bird Count.

Regular meetings are held on the first Monday evening of each month at the Western Foundation of Vertebrate Zoology, 439 Calle San Pablo, Camarillo at 7:30 pm, unless otherwise noted. **Everyone is welcome.** Take Pleasant Valley Road or Lewis Road to where they cross south of the 101 Freeway. Go west to the second street, Calle San Pablo. Turn right. The Foundation is the fifth building on the left.

The Western Foundation of Vertebrate Zoology is a non-profit organization founded in 1956 to promote the study and conservation of birds and other vertebrates. The organization makes contributions in the areas of natural history collections, original research, and conservation.

The *Roadrunner* is published monthly except July and August by the Conejo Valley Audubon Society. It is sent to paid CVAS members only. Members are invited to submit articles, announcements, letters, photos, and drawings for publication consideration. Copy deadline is the 5th of the month. Send items to Charlie Lucas, 465 Havenside Ave., Newbury Park, CA 91320, or by E-mail: newsletter@ConejoValleyAudubon.org.

NATIONAL AUDUBON SOCIETY MEMBERSHIP APPLICATION

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Please enroll me as a member of the National Audubon Society. I have enclosed \$20 (\$15 for seniors and students), payable to **National Audubon Society**, for an introductory membership.

Mail it to: National Audubon Society, P. O. Box 422250, Palm Coast, FL 32142-2250

Renewing memberships should be sent to National Audubon with the renewal form and envelope you receive.

For questions regarding national membership status call: National Audubon Customer Service 1-800-274-4201

Name _____

Address _____

City _____ State _____ Zip _____

Phone _____ E-mail address _____

CONEJO VALLEY AUDUBON SOCIETY MEMBERSHIP APPLICATION

Please enroll me as a member of Conejo Valley Audubon Society. I have enclosed \$20, payable to CVAS, for a family membership. Mail to: CVAS, P.O. Box 4782, Thousand Oaks, CA 91359 __ Please send my newsletter by E-mail.

Name _____

Address _____

City _____ State _____ Zip _____

Phone _____ E-mail address _____