

**General Meeting, March 4
7:30 pm Western Foundation**

Don Klabunde presents: Birdsong Flash Cards

How are you at recognizing your birds by their vocalizations? CVAS's official Photographer, Don Klabunde, also felt frustrated with trying to learn the calls and songs, so he began to put together a computer file combining the Cornell recordings with his own photos. This led to a fun PowerPoint quiz, birdsong flash cards if you will. Join Don to test yourself and maybe learn a few of those songs that have been evading you.

Don is an Astrophysicist, an avid Nature Photographer and has been with CVAS for the last ten years. You may also know him as our Auctioneer at our Annual Dinner and Auction (see dinner invitation on page 3).



White-crowned Sparrow

Conservation Column

By Dee Lyon

Do you really need all those potent chemical cleaners? A straight 5 percent solution of vinegar such as you can buy in the supermarket kills 99 percent of bacteria, 82 percent of mold, and 80 percent of germs and viruses. It can't claim to be a disinfectant since it is not registered as a pesticide with the EPA.

1. Unclog a drain: Dump 1 cup of baking soda down your drain and follow it with 1 cup of vinegar. When they mix, they foam and expand, cleaning your drain.
2. Disinfect and clean wood cutting boards: Rub with vinegar or soak for 5 to 10 minutes.
3. Clean windows: Mix 1 cup vinegar with 5 cups of water and you've got a great window cleaner.
4. Inexpensive scouring powder: Combine two tablespoons each of vinegar and baking soda.
5. Clean the toilet rim: Put vinegar in a squirt bottle and use it to clean the rim. It disinfects too.
6. Prevent mold and mildew in the shower: Wipe down tile or formica walls with a sponge dampened with water and vinegar. It will inhibit the growth of mold and mildew.
7. Unclog the showerhead: Place the showerhead in a pot, add enough vinegar to cover it and heat to just below boiling. Remove from heat and let sit for 6 hours, rinse and it's good as new.
8. Polish your car: Rub vinegar on chrome.
9. Remove stains: Rub a small amount of vinegar gently on fruit or coffee stains and wash as usual.
10. Next time you have a sore throat, try gargling with cider vinegar!

CALENDAR

March

3	8:00 am	Field Trip: Rancho Simi Community Park
4	5:15 pm	Pre-meeting Dinner: Ottavio's
4	7:30 pm	General Meeting Western Foundation
9	8:00 am	1 st Class -- Conejo Valley Botanical Gardens
14	9:00 am	Field Trip: Beginner's Bird Walk
16	8:00 am	2 nd Class -- Santa Clara River Estuary
23	8:00 am	3 rd Class -- hills above CLU
30	8:00 am	4 th Class -- Rancho Sierra Vista

*****Pre meeting Dinner*****

Ottavio's in Camarillo at 5:15 pm

Call Nobuko McClure

For Reservations (805) 482-0411

Reservation Deadline: 9:00 am

Day of General Meeting

Field Trips

(CVAS assumes no liability for accidents at events)

Sunday, March 3, 8:00 AM

Rancho Simi Community Park

Leader: **Matthew Page (805) 990-6534**

At the east end of Ventura County in Simi Valley is the Rancho Simi Community Park. This park has a large pond, stands of conifers and is adjacent to the Arroyo Simi. We will search for White-faced Ibis, Chipping Sparrows, Lark Sparrows, Canada (and maybe Cackling) Geese, Sapsuckers, Kinglets, Hooded Mergansers and perhaps a Plumbeous Vireo. We may also bird Arroyo Simi. Directions: Take the 118 freeway to Erringer Avenue, exit and head south to Royal Avenue. Turn right and enter the park at the entrance nearest the pools. We will meet in the parking lot near the playground equipment.

Saturday, March 9, 8:00am

Birding Class in the Garden (first in a series)

Leader: **Dee Lyon (805) 499-2165**
(MUST RESERVE)

Conejo Valley Audubon is presenting a series of birding classes, the first of which will be presented at the Conejo Valley Botanical Gardens. Designed for the beginning birder, the emphasis will be on identification of common local species. The class is limited to 25 people, and a donation of \$25 to the Conejo Valley Botanical Gardens is suggested. Dee Lyon, Conservation Chair of Conejo Valley Audubon and longtime birder, will present the first class on identification. The second class will meet at the Santa Clara River Estuary to study sandpipers and water birds. The third class will meet at California Lutheran University. The fourth and final class will meet at Rancho Sierra Vista. **Rain will shift the schedule out one week.** Directions: Take the 101 to Lynn Rd. Exit and head north to Gainsborough and turn right. Turn right again on Jeanine Drive to enter the gardens. Call Dee at [\(805\) 499-2165](tel:8054992165) to reserve spot.

Thursday, March 14, 9:00 AM

Beginning Bird Walk

Second Thursday of each month. Call Angie Kobabe **(818-991-4055)** between 9:00am and 9:00pm to find out where it will be and let her know you are coming. **Rain Cancels.**

Saturday, March 16, 8:00 AM

Birding at the Beach

Leaders: **Bob and Carol Langford (360) 742-6059**

Join us for our second birding class as we take our newfound skills and apply them to shorebirds, ducks, terns and gulls. We will meet at the Ventura Harbor and walk to the Santa Clara River Estuary. We will find pelicans, ducks, grebes, gulls, and shorebirds along the way as well as in the estuary itself. Though identifying shorebirds and gulls can be intimidating, we will focus on easier identifications, identifying birds by family and behavior as clues to ID. Bring binoculars, a spotting scope if you have one, and a guide book. Directions: Take 101 to Seaward. Turn onto Harbor and head south toward the Ventura Harbor. Turn right on Spinnaker Drive and enter the harbor. We will meet in the parking lot at Surfer's Knoll at 8 am.

Saturday, March 23, 8:00 AM

Birding in the Brush

Leader: **Dennis Allen (805) 492-1195**

Our third class will take us to the hills above Cal Lutheran University to look for finches, gnatcatchers, wrens and thrashers. We will also see towhees, warblers, and sparrows, experiencing a good cross section of the birds resident to chaparral and coastal sage scrub in the foothills of southern California. We also have a good chance of seeing hawks and ravens flying overhead, learning to identify birds as they do what they do best: *Fly!* Bring binoculars and water. Directions: From the 101 take Lynn Road, or from the 23 take Olsen Rd. Travel to Mountclef Boulevard and turn north toward the hills. Park along the side of Mountclef near the intersection with Lucero Street.

Saturday, March 30, 8:00 AM

Birding at Rancho Sierra Vista

Leader: **Matthew Page (805) 990-6534**

Our fourth and last class will take us to Rancho Sierra Vista as we attempt to see hummingbirds, finches, sparrows and orioles in and around the visitor center at this great park. Bring sunscreen, binoculars, a field guide and water. We will meet in the parking lot nearest the restrooms at 8 am. Directions: From the 101 freeway take Wendy Road south to Lynn Road. Turn left and head west until Lynn Road becomes Potrero Road. Enter the park at the entrance across from Via Goleta and proceed all

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Cordially invited to join
Conejo Valley Audubon Society
on
Friday, March 15, 2013
at
Sterling Hills Golf Club
901 Sterling Hills Drive
Camarillo, CA 93010

Exit the Ventura Freeway (101) at Central Avenue in Camarillo.
Go north on Central (0.8 mi) to Beardsley Road and turn RIGHT.
Continue on Beardsley (0.75 mi) until you reach Sterling Hills Drive and turn RIGHT
On the left you will see the golf course parking lot.

For

Cocktails, Dinner and Auction

No-host cocktails 5:30 PM ó Dinner 6:30 PM

Ticket price per person \$40.00 (early bird special \$35.00 ó before 3/2/13)

5-FREE raffle tickets for each 1st time guest

We ask that everyone kindly bring an item for the raffles.

All types of donation items are acceptable and are not limited to those with an avian theme.
Anyone interested in donating items for the silent or live auctions please contact Carol Langford
at 360-742-6059 or berry50@yahoo.com

All are tax deductible!

Dinner selections: Both served with a Tossed Green Salad, Freshly Baked Breads and Butter, a
Delicious Dessert and Coffee or Tea.

- #1 Duet Plate: Petite Filet Mignon and Baked Salmon Filet
- #2 Vegetarian Lasagna

Please fill out this reservation form, tear it off, and mail it with your check (payable to CVAS) to:

CVAS, P.O. Box 4782, Thousand Oaks, CA 91359

Print your name(s) as you would like it to appear on your place card and select an entrée by number

Name _____ Dinner # ____ Phone # _____
Name _____ Dinner # ____
Name _____ Dinner # ____
Name _____ Dinner # ____
Name _____ Dinner # ____

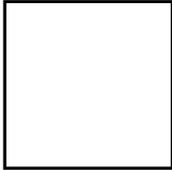
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March, 2013



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Vice Pres			
Secretary	Gary Evans	805-231-5692	GaryE
Treasurer	Ron Barns	818-991-9967	rtbarns@netscape.net
Programs	Chrystal Klabunde	805-522-8023	chrystal
Conservation	Dee Lyon	805-499-2165	chickadee
Education	Thelma Williams	805-492-2796	thelma
Field trips	Matthew Page	805-990-6534	Fieldtrips
Publicity	Cory Taylor		publicity
Newsletter	Gary Evans	805-231-5692	GaryE
Membership	Bonnie Clarfield- Bylin	805-405-5632	membership
Historian	Bets Buchanan	805-482-0063	
Special Events			
Photographer	Don Klabunde	805-522-8023	photographer
Special Projects	Nobuko McClure	805-482-0411	nobuko
Webmaster	Frank DeMartino		webmaster
CVAS Web Site	http://www.ConejoValleyAudubon.org		
Send E-mail to	username@ConejoValleyAudubon.org		

Volunteers Needed

Volunteers are needed to staff officer positions currently open on the CVAS Board. For the term starting Fall 2012, both the President and Vice President positions will need to be filled in addition to the Special Events coordinator. We encourage you to discuss your interests in volunteering for any of these positions at our next General Meeting.

Regular meetings are held on the first Monday evening of each month at the Western Foundation of Vertebrate Zoology, 439 Calle San Pablo, Camarillo at 7:30 pm, unless otherwise noted. **Everyone is welcome.** Take Pleasant Valley Road or Lewis Road to where they cross south of the 101 Freeway. Go west to the second street, Calle San Pablo. Turn right. The Foundation is the fifth building on the left.

The Western Foundation of Vertebrate Zoology is a non-profit organization founded in 1956 to promote the study and conservation of birds and other vertebrates. The organization makes contributions in the areas of natural history collections, original research, and conservation.

The *Roadrunner* is published monthly except July and August by the Conejo Valley Audubon Society. It is sent to paid CVAS members only. Members are invited to submit articles, announcements, letters, photos, and drawings for publication consideration. Copy deadline is the 5th of the month. Send items to Charlie Lucas, 465 Havenside Ave., Newbury Park, CA 91320, or by E-mail: newsletter@ConejoValleyAudubon.org.

NATIONAL AUDUBON SOCIETY MEMBERSHIP APPLICATION

C3ZC230Z

Please enroll me as a member of the National Audubon Society. I have enclosed \$20 (\$15 for seniors and students), payable to **National Audubon Society**, for an introductory membership.

Mail it to: National Audubon Society, P. O. Box 422250, Palm Coast, FL 32142-2250

Renewing memberships should be sent to National Audubon with the renewal form and envelope you receive.

For questions regarding national membership status call: National Audubon Customer Service 1-800-274-4201

Name _____
 Address _____
 City _____ State _____ Zip _____
 Phone _____ E-mail address _____

CONEJO VALLEY AUDUBON SOCIETY MEMBERSHIP APPLICATION

Please enroll me as a member of Conejo Valley Audubon Society. I have enclosed \$20 for a family membership.

Additional Gift: ___\$25.00 ___\$50.00 ___\$75.00 ___\$100.00 \$_____ Other

Membership \$_____ Donation \$_____ Total (check payable to CVAS) \$_____

Mail to: CVAS, P.O. Box 4782, Thousand Oaks, CA 91359 ← **Check box to receive newsletter by mail.**
 Name _____ **Otherwise newsletter will come by email.**

Address _____
 City _____ State _____ Zip _____
 Phone _____ E-mail address _____